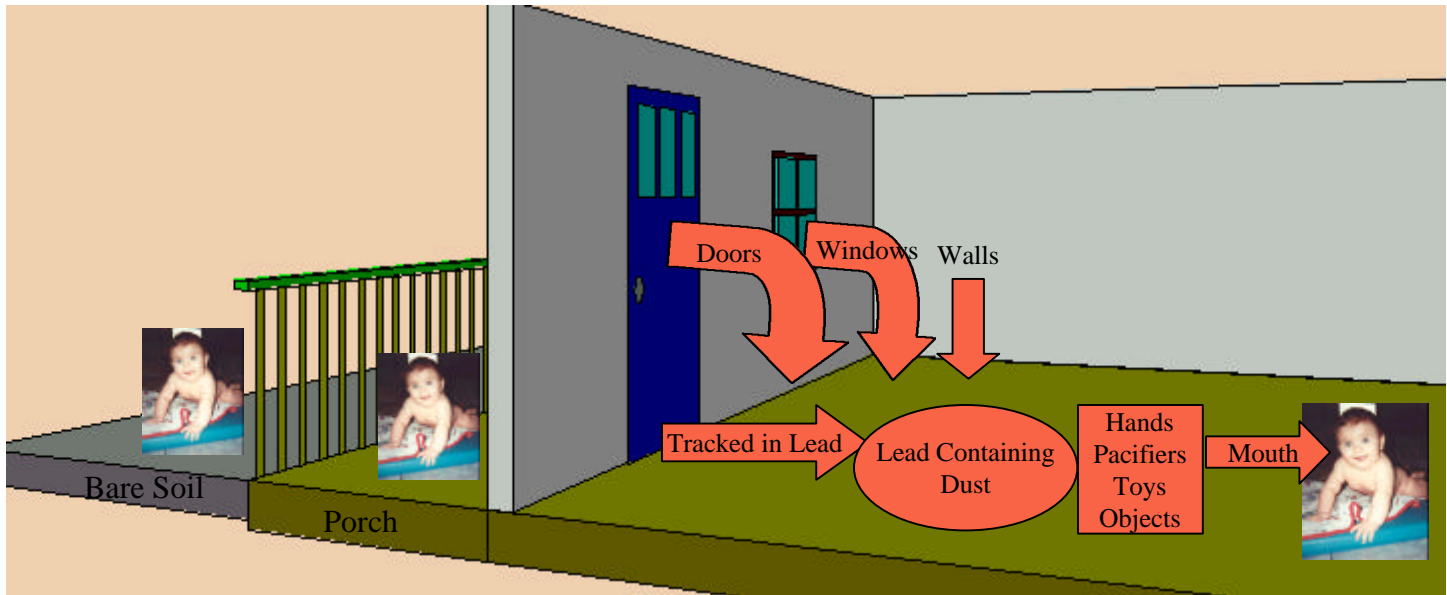


Prevent Childhood Lead Poisoning:

Identify & Remove or Control Sources
& Interrupt Pathways to Protect our Kids from Harm

Harmful Effects on Brain:

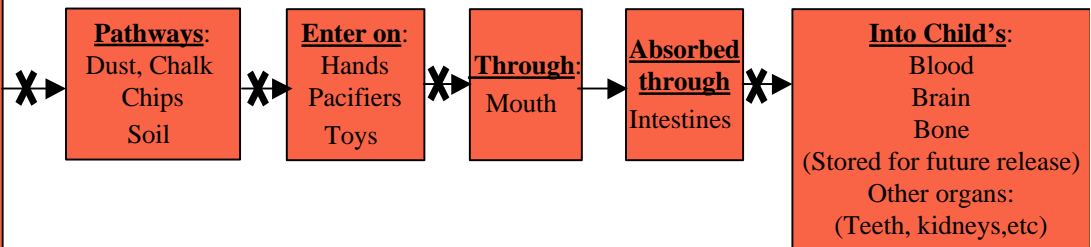
- Decreased IQ
- Decreased Attention Span
- Decreased Behavioral Control
- Learning Disabilities



Most Common Sources:
Deteriorating Lead-Based Paint on:

- Windows- Sills & Wells
- Doors
- Porches
- Walls

Soil (especially near drip lines)



1. Identify & Control Sources of Lead on the Property

- Remove & Replace Whenever possible (Especially windows)
- Maintain all paint in good repair
- Keep Smooth Cleanable Surfaces
- USE LEAD SAFE WORK PRACTICES WHENEVER LEADED PAINT IS DISTURBED!**
- Get trained or use someone trained and EPA Certified to do this work, or else a worse hazard can be created.
- Insist on dust wipe clearance testing after work is done.
- See www.LeadFreeRochester.org for listing of EPA Certified Firms & Workers

2. Lead Dust Control Measures

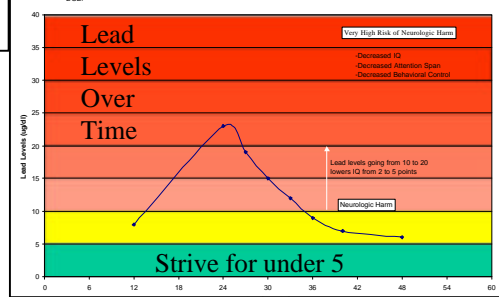
- Wet mop all floors 3x/week, wet wipe all horizontal surfaces especially window sills & wells 3x/week.
- Wash hands frequently & always before eating.
- If your child sucks thumb or fingers, be especially aware!
- Wash pacifiers whenever dropped.
- Wash toys frequently
 - Hard Toys in Sink or Bathtub
 - Soft Toys in Washer
- Use a HEPA filtered Vacuum

3. Good Nutrition to decrease intestinal absorption

- Frequent meals rich in Calcium & Iron
- Much more lead is absorbed with an empty stomach.
- Iron-deficient kids absorb almost every molecule of lead ingested.
- The body mistakes Lead for Calcium.

4. Get your child screened

at least at 12 & 24 months
(& don't let it look like this!)
Strive for under 5.



For more information see www.LeadFreeRochester.org